October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
Food 4 Thought		Banana Chocolate Chip Snack Bread,WG Cheese Stick Fresh Grapes Apple Juice 1% Unflavored Milk	Breakfast Taco Fresh Apple Orange Juice 1% Unflavored Milk	Scrambled Egg Whole Grain Toast Bacon Slice Fresh Orange Grape Juice 1% Unflavored Milk
6	7	8	9	10
Cherrios Graham Crackers Fresh Pear Apple Juice 1% Unflavored Milk	Chicken Breakfast Biscuit Fresh Apple Fruit Blend Juice 1% Unflavored Milk	Breakfast Sandwich Fresh Grapes Apple Juice 1% Unflavored Milk	Waffles Syrup Fresh Apple Orange Juice 1% Unflavored Milk	Breakfast Burrito Fresh Orange Grape Juice 1% Unflavored Milk
13 No School	14	15	16	17
	French Toast Sticks Syrup Fresh Apple Fruit Blend Juice 1% Unflavored Milk	Sausage Breakfast Pizza Fresh Grapes Apple Juice 1% Unflavored Milk	Easy Egg Bake Whole Grain Toast Fresh Apple Orange Juice 1% Unflavored Milk	Pancake on a Stick Syrup Fresh Orange Grape Juice 1% Unflavored Milk
20	21	22	23	24
Pancakes Syrup Fresh Pear Apple Juice 1% Unflavored Milk	Breakfast Sandwich Fresh Apple Fruit Blend Juice 1% Unflavored Milk	Blueberry Muffin, WG Cheese Stick Fresh Grapes Apple Juice 1% Unflavored Milk	Cheerios Graham Crackers Fresh Apple Orange Juice 1% Unflavored Milk	French Toast Sticks Fresh Orange Grape Juice 1% Unflavored Milk
27	28	29	30	31
Cinnamon Toast Crunch Graham Crackers Fresh Pear Apple Juice 1% Unflavored Milk	Sausage Breakfast Pizza Fresh Apple Fruit Blend Juice 1% Unflavored Milk	Banana Chocolate Chip Snack Bread,WG Cheese Stick Fresh Grapes Apple Juice 1% Unflavored Milk	Breakfast Taco Fresh Apple Orange Juice 1% Unflavored Milk	Biscuits and Gravy Fresh Orange Grape Juice 1% Unflavored Milk

Fuel your day with breakfast!

PRICES

Students Free Adults \$3.10 Extra Milk \$.75

1% Unflavored Milk served daily

For questions or concerns please contact Tonya Draper, Food Service Director tonyadraper@sudanisd.net



Your MENUS plus more Information on our app Taker Food4Life®

